

# Modbury North Kindergarten 2026 Quality Improvement Plan

**Goal** -*To empower effective learners by strengthening co-regulation, self-regulation, and metacognitive skills within a trauma-informed preschool environment*

**Area of Impact - Strategy for Public Education**  
Effective Learners - Self-Regulation & Metacognition

## How We Will Achieve This Goal

Through professional learning, reflection, and collaboration, educators will embed trauma-informed, co-regulatory, and metacognitive strategies. Children will be supported to express emotions, reflect on their learning, and develop confidence, while families are engaged to ensure consistency. Regular reflection and feedback will guide adjustments to practice and support all learners' growth.

## Success indicators

### For Children

Communicate emotions confidently.  
Use co-regulation strategies independently.  
Show agency and engagement.  
Express ideas and think critically.

NQS- QA1, QA2, QA5, QA6 QA7

### For Educators

Embed trauma-informed  
and co-regulatory strategies.  
Reflect on children's growth.  
Adapt practice collaboratively.

### For Families & Community

Share understanding of co-regulation  
and trauma-informed approaches.

EYLF V2.Outcomes 1, 3, 4 & 5